

Youth News



March 2024

Knocking Down Doors
for Next Generation



National *Women* History Month



Youth News

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Throughout history, women have been the unsung heroes, trailblazers, and change-makers who have shaped the world we live in today. March is dedicated to honoring and recognizing the invaluable contributions of women across the globe. Youth News pays tribute to our local pioneers who shattered glass ceilings. It's time to celebrate the resilience, strength, and diversity of women from all walks of life. As we commemorate Women's History Month, Here's to the women who inspire, lead, and challenge the status quo. In this issue of Youth New you will meet three amazing women making their own mark in history. May we honor their legacy by fostering a world that embraces and uplifts the voices of all women.

Volunteer -or- Work with us

Contributing Writers

Editors

Digital Marketers

Fund Developers

Photographers

Sales/Marketing Reps

Circulation Mgr.

send resume to:
admin@whalers-creation.us

Photos by: Michael, 15 year old

Youth News strives to educate, motivate and inspire people to support older teens and young adults. Have a heart of gold? Donation to help us help these amazing young people: <https://givebutter.com/fosteryouth>

Be a community hero and support our older teen and young adults!

From city-to-city, coast-to-coast, and nation-to-nation our focus is:
FAMILY: Foster Adopt Mentor Investing in Lives of Youth

Email: admin@whalers-creation.us, or call:
(702) 235-5490

"I Support Youth."
La'Toria Kern



www.whalers-creation.us



Youth News is an online magazine developed by teens, adults and senior citizens working together to bring readers Educational, Motivational, & Inspirational Stories

Volunteers are needed! To volunteer please contact
WHALER's Creation at:
admin@whalers-creation.us or call (702) 235-5490

Become a part of something extraordinary and make a difference in the lives of children, teens, and siblings. Join us as a foster parent or show your support as a Proud Partner of Clark County Foster Care. Together, we can help them reach their full potential. ❤️ Learn more at www.clarkcountyfostercare.com #FosterCare #SupportChildren #MakeADifference

Let's come together and celebrate the power of sibling support in foster care. Join us in creating a lasting impact by opening your heart and home to sibling groups. Together, we can make a difference that lasts a lifetime. ❤️🏠 #FosterCare #FosterParents #Foster #Vegas #ClarkCounty Learn more at www.clarkcountyfostercare.com

It's crucial to provide stability for children, teens, and sibling groups in foster care. By fostering a child, teen, or sibling group from your local school, you are ensuring they stay connected with their friends, teachers, and neighborhoods. ❤️🏠 Join us in making a difference at www.clarkcountyfostercare.com. #fostercare #foster #fosterparents #vegas #clarkcounty #betheone #makeadifference

Help give our littlest ones a strong start in life! Consider becoming a foster parent to children and sibling groups aged 0-6 years old. Temporary care can create a solid foundation for their future. ❤️🏠 Find out more at www.clarkcountyfostercare.com.

#fostercare #fosterparent #makeadifference #betheone

Teens in foster care face important decisions that will shape their futures. Your support as a foster parent or Proud Partner of Clark County Foster Care can make all the difference. Join us in believing in their bright future. Together, we can create a positive impact. ❤️🏠 #fostercare #makeadifference #betheone www.clarkcountyfostercare.com

Foster a Leader

Help our local teens and sibling groups in foster care reach their full potential.

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ADULTS - 18+ YEARS OLD AND RESIDENT IN CLARK COUNTY
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Knocking Down Doors

By: Jonathon

Quay Eady, originally born in Florida, was raised in Battle Creek, Michigan. Her mother gave birth to her at the age of 16, and she grew up surrounded by negativity. Despite the challenges, she learned the importance of doing the right thing. One bright spot in her childhood was spending time with her close cousin, with their favorite activity being playing school. Describing her upbringing as rough, she often felt the need to escape her pain but acknowledged that her environment played a crucial role in determining her success in school and social life.

In the foster care system, Quay felt lost, grappling with unanswered questions. Throughout her youth, she felt different and isolated. Grateful for her friend's parents, whom she considered as her own, none of her biological family attended her graduations. Instead, her friend's mom became a consistent presence at her events. Actively involved in high school through cheerleading, she kept herself busy to avoid going home. Despite being a straight-A student who embraced challenges, her foster parents failed to acknowledge her achievements, treating them more as expectations than accomplishments. At 18, she started working in a local factory but soon realized that it wasn't the path she wanted, fearing physical damage from the work.

Her life took a professional turn when she joined the military, driven by a desire to escape her circumstances. The military initially proved challenging due to its discipline, but it ultimately helped her develop discipline and strategic thinking. Initially known for her "smart mouth," the military played a transformative role in refining this aspect of her personality.

Transitioning from the military, Ms. Quay



became a motivational speaker. For those considering both military service and college, her advice is to join the military if you need an extra push toward the right direction. Recognized during the COVID period, her current passion lies in personal development.

Her busy weekly schedule includes administrative work, business management, and coaching sessions on Mondays. With a background in data and analytics since 2005, she later delved into gaming analytics upon arriving in Las Vegas. Currently consulting at the Palm, she works on coding, dashboards, and ensures the smooth operation of various processes.

Formerly employed part-time, she now works only once a week at her previous job. While dedicating time to mentor coach education, she ensures her coaching remains part-time. Her schedule is consistently full as she prioritizes her VIP system, emphasizing values and elements that contribute to her progress.



Personal development holds significant importance to her, as she strives to make a meaningful impact.

Recognizing that she hasn't reached her maximum potential, she remains committed to continuous improvement. A key passion of hers is guiding youth on their life journeys, believing that every door she opens creates opportunities for the next generation.

Originally aspiring to be an accountant post-military, she pursued an accounting degree to gain financial knowledge. Realizing the lack of challenge in accounting, she shifted to business management from 2011 to 2015. During this period, she honed her communication skills with diverse groups worldwide. In 2012, she obtained her first coaching certification, finding the experience transformative. Leaving corporate America, she decided to pursue coaching professionally, initially expecting it to be easy. However, she faced challenges in acquiring clients and developing her coaching style. Over the years, she has worked with 30-35 one-on-one coaching clients, customizing her approach based on their personalities.

For aspiring coaches, her advice is to gain clarity on their identity, target audience, and approach. Emphasizing the importance of marketing, she encourages individuals to showcase their coaching persona and offerings. Understanding one's product and unique value in the market is crucial, as clients seek solutions to their specific needs. Additionally, she recommends having both a motivator and a challenger for personal and professional growth.

Looking ahead, she envisions running a veteran resource center, driven by her passion to assist post-service veterans. Recognizing the abundance of resources available to veterans, she aims to help them navigate and establish themselves. Her admiration for veterans stems from their straightforward nature and consistent resilience.

Quay's journey reflects her unwavering work ethic, overcoming trauma and challenges to achieve her current success. She remains determined to pursue her goals and aspirations.



**"I feel like I'm
knocking down
doors for the next
generation to
walk through"**

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- **Paid Leave** – Provides up to 10 days of emergency paid sick leave for COVID-19 related reasons
- **Enhanced Unemployment Insurance** – Extends unemployment benefits to workers laid off amid economic contraction brought on by COVID-19
- **Expanded Food Assistance Programs** – Provides food to low-income pregnant women and mothers with young children, helps local food banks meet increased demand and offering home-delivered meals to low-income seniors, ensures children who depend on free and reduced-price meals at school continue to have access to nutritious foods in the event of extended school closures
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Lisa “Clutch” Tauai Ms. International

Lisa “Clutch” Tauai was crowned Ms. International® 2023-24 at a national pageant held on November 4, 2023 in Chino Hills, California. She is the twelfth woman to hold this prestigious title. Lisa is both thrilled and honored to accept the crown as Ms. International® that will catapult her from one spotlight to the next in representing an organization that inspires women of all ages across the globe to be the best versions of themselves.

Lisa is a retired United States Air Force Lieutenant Colonel where she specialized as a Registered Dietitian for over 20 years, honorably serving in 8 locations around the world. Her platform as Ms. International® is the power of plant-based nutrition for performance, which she practices daily as an avid vegetarian and dietitian to our warfighters and their families at Nellis Air Force Base in Las Vegas, Nevada. Since being crowned Ms. International®, she has already made countless appearances in the Las Vegas community and appears on NBC News 3 Las Vegas every month to share her nutrition expertise to over 650,000. Lisa plans on using her title as Ms. International® to further her reach in helping others prevent and even reverse disease through the power of nutrition.

As a Registered Dietitian, Lisa has helped thousands of people throughout her 27-year career, lose weight, keep it off, and improve their health in ways they never thought possible. Through small, consistent changes in her own diet, Lisa managed to lose 85 pounds and has kept that weight off for 20 years. Through her plant-predominant diet, her cholesterol dropped by over 40 points, her body fat percent dropped by 12%, and her blood pressure dropped by approximately 10 points. She continues to eat this way because of how much better it makes her feel. She is also on a quest to prevent Alzheimer's disease that tends to run in her family history. Her overarching goal is to teach others how to make small changes in their diet that will set them on a path to live longer, healthier lives. Lisa will be sharing her nutrition and wellness expertise in *Youth News* monthly magazine to help readers evolve into the healthiest and best version of yourself!

Connect with Lisa on

Facebook: [lisa.tauai](https://www.facebook.com/lisatauai)

Instagram @lisatauai

www.tauainutnugs.com.

Information on the Ms. International Pageant:

MsAmericaPageant.com

InternationalBeautyPageants.com.

A full-body portrait of a woman with long, wavy blonde hair, wearing a large, ornate silver crown. She is dressed in a vibrant red, long-sleeved gown with a deep V-neckline and a wide, horizontally-oriented band of intricate silver and red beaded or sequined detailing across the bust. She is also wearing large, ornate earrings with red and white elements. A white sash with a black border and silver trim is draped over her left shoulder, featuring the text "MS. INTERNATIONAL 2024" in bold, black, serif capital letters. She is posing with her right hand near her crown and her left hand on her hip, looking directly at the camera against a plain, light-colored background.

MS. INTERNATIONAL[®] 2024

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Elnora Harris
Entrepreneurial's Dream

Entrepreneurial's Dream

Elnora Harris, CEO/Founder of *Our Reflections Global*, born and raised in Saint Louis, Missouri. She recalls having a pretty good childhood, sheltered from being around bad influences or negativity. Ms. Harris remembers her childhood being filled with happy memories except when she lost her brother. She was twelve when she lost her brother, what a very scary feeling, she recalls.

She went to elementary, high school, and the university in Missouri. Ms. Harris describes her highschool experience as fun and busy where she played sports (including volleyball, swimming, and basketball) and was also prom queen. She really enjoyed her highschool years. She thinks it's very important for kids to be active in school because it can help you socially mature in life and she often reminds her kids to do the same. Her mother was a serial entrepreneur, a caterer, owned a daycare, and made her own barbecue sauce. Her best childhood memory is when her family would go on picnics, being able to hangout with her family and having fun with them.

Fortunately, she always had someone to lean on growing up. She is thankful for her parents for taking care of her and providing

care for her.

Growing up, she wanted to become an industrial psychologist in corporate America. She gives credit to the positive way she grew up.

She never planned on owning her own business. Now she owns three businesses, the most successful one being "Our Reflections Global." Our Reflections Global is a toothbrush business. The idea behind the business is to provide toothbrushes to kids who aren't able to get them. When you go to her online page, you will see a variety of what they have to offer as well as two characters named John and Nora. These characters were made so that kids had someone to relate to when brushing their teeth. It wasn't until later in her life that she realized her mother was a serial entrepreneur. It made her feel proud when she learned that she was continuing her mothers legacy as a serial entrepreneur.

Her professional journey started when she moved to Houston, Texas where she studied and worked for a little while, and became a director for foster youth. She has a special needs teaching license in Texas, Nevada, and California, and she teaches online high school, mostly teaching twelfth graders.

Her teaching career started with her, motivation was to be able to impact families. Focused on special education, she worked on therapeutic

She initially started her career working with kids who got in a lot of trouble. She was always able to work with those kids. Her passion is to make an impact or change in the lives of children who are headed down a bad path.

She would describe her management style as more of a team player and she loves to receive input from those she's working with. She is very task coordinated and she likes things to be done correctly. She is very supportive of her team and she tries to import their passions. She has two daughters and one son.

They are very supportive of her businesses and our involvement in her businesses. For anyone who would be interested in going down the professional career path, her advice is first you need to know how to delegate and have time management; being able to manage your time while running a business is extremely important. Two is to make sure to learn how to take care of yourself. Taking care of yourself is important in everyday life and if you want to be successful, you must know how to take care of yourself. Last but not least, learn how to say no. In the business side of

life, you don't always have to agree and go to every event. Being able to say no is really important not only for your business but also for yourself since oftentimes saying yes to everything can become stressful. Another thing is to take your time when deciding what to do. She always tells her seniors that you might know what you wanna do now, but it's okay to navigate and turn down another position in life. You never know when you will experience something different and it's okay to go down a different path

Ms. Harris is a hard working woman who has worked a lot to achieve where she is today. She is a great example of what hard work and determination can help you achieve your dreams.

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COSTCO
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The photograph shows the exterior of a Costco Wholesale store. The building is a light-colored, single-story structure. The Costco logo is mounted on the wall in large, three-dimensional letters. The word "COSTCO" is in red, and "WHOLESALE" is in blue. Above the logo, there are four white, bell-shaped outdoor lights. In the foreground, there are green plants with small yellow flowers.

How to Become a Foster Parent

Becoming a foster parent involves several steps, which may vary depending on your location. Here are some general steps to become a foster parent:

1. Contact your local foster care agency: The first step is to get in touch with your local foster care agency. You can find the agency in your area by searching online or contacting your state or county department of social services.
2. Attend an orientation session: Most agencies require prospective foster parents to attend an orientation session to learn about the foster care system, the needs of children in foster care, and the process of becoming a foster parent.
3. Complete the application process: After attending the orientation session, you will need to complete the application process, which includes background checks, home inspections, and training.
4. Complete training: Foster parents are required to complete training before being licensed. The training covers topics such as child development, the impact of trauma on children, and how to work with birth families.
5. Receive licensure: Once you have completed the application process and training, the agency will evaluate your application and decide whether to grant you a foster care license.





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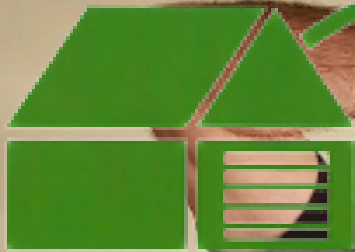
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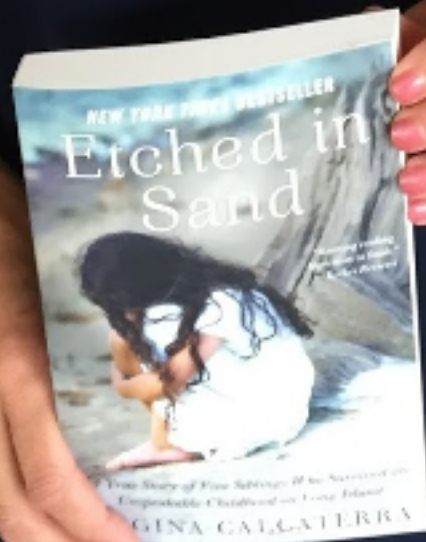
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[**https://youtube.be/de_SiCy4vV0**](https://youtube.be/de_SiCy4vV0)

News8 Now report

From Foster Care to Fame

**Regina Calcaterra
Foster Care
Attorney/Author**




US Adoption Resources

- Centers for Disease Control International Adoption Health Guidance
- U.S. Department of State Bureau of Consular Affairs Adoption Process
- AdoptUSKids.org
- Child Welfare information Gateway
- Congressional Coalition on Adoption Institute (CCAI)

Additional Resources

- Adoptive Families Magazine
- Adoptive Parents Committee
- American Academy of Adoption Attorneys (AAAA)
- Child Welfare League of America
- The Center for Adoption Support and Education
- Dave Thomas Foundation
- Evan B. Donaldson Adoption Institute
- International Social Services
- National Adoption Center
- National Council for Adoption (NCFA)
- North American Council on Adoptable Children (NACAC)



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Free and open to the public. Seating is on a first-come, first-served basis and may be limited. For more information, please scan the QR code or call the library branch.



Lovey Bear



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- Kelvin Watson, CCLD
Executive Director
- Clarissa
Children's Foundation
- Attorney Harley Price
Attorney Nicole DeRosier
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